Dear Parents and Carers,

The end of the school year can be both an exciting time and a sad time. It is sad because we have to farewell some students and families – many of whom have been with us for a long time. To all our Year 6 students, we thank you for your leadership, your contributions to the school and the mentoring you have provided for younger students. You have been a very talented group of children and excellent ambassadors for the school.

We say farewell for a short while to Amy Byrne who will be taking maternity leave and Mr Andrew Buesnel will remain at Monash Primary for another year. We wish Wendy Dixon all the best for the future and thank her for her time at Wanniassa School. We are very lucky that all other staff members will be returning in 2014.

We would like to wish all our families a happy and safe Christmas break and thank you for all your help and support throughout the year.

Margaret Taylor
Deputy Principal

Last week Wanniassa junior campus received a recognition award for being a Nationally Recognised KidsMatter Primary school. We are one of two schools in the ACT to earn this award. It was followed by a wonderful celebration with the community in the school grounds.

Once again, thank you to staff and our action team for their continued efforts to improving student wellbeing and improving connections with parents, carers and the community.

Jenny Tatham & Sonya Maybury

Our value this fortnight is Fair Go

Wanniassa School

Partners in Learning  Sternberg Crescent Wanniassa  Phone: 6205 7566 (Junior Campus)
Fax: 6205 7563  www.wans.act.edu.au

INFORMATION UPDATE NO: 12 – WEDNESDAY 18TH DECEMBER 2013

Dates to Remember

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Wednesday 18th December</td>
<td>Kinder to Year 6 Graduation Disco 7 - 9pm ** Tonight **</td>
</tr>
<tr>
<td>Wednesday 18th December</td>
<td>K – 6 Reports sent home</td>
</tr>
<tr>
<td>Friday 20th December</td>
<td>Last Day Term 4</td>
</tr>
<tr>
<td>Monday 3rd February</td>
<td>Term 1 commences for Kindergarten only (9am – 3pm)</td>
</tr>
<tr>
<td>Tuesday 4th February</td>
<td>Term 1 commences for all students (9am – 3pm)</td>
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</tbody>
</table>

Notes sent home

| Whole School Newsletter | Youngest
|-------------------------|---------|
| Gugan Gulwan Holiday Program | Selected Students
| Holiday Happenings | Youngest

Congratulations!

Well done to the recipients of awards at today’s Year 6 Graduation Ceremony.

Student of Excellence  Chloe Bell & Achintha Attanayake
Citizenship Award  Sway Measham & Jake Arranz
Sporting Excellence Award  Jake Arranz & Liam Creech
Jo Adams Award  Jayden Ahadizad

Congratulations also to the following students who received awards at last week’s Christmas assembly. These awards were given to students for consistent Academic, Citizenship and Outstanding Effort.

Academic Excellence Awards

<table>
<thead>
<tr>
<th>Class</th>
<th>Student A</th>
<th>Student B</th>
<th>Class</th>
<th>Student A</th>
<th>Student B</th>
</tr>
</thead>
<tbody>
<tr>
<td>KG</td>
<td>Tala Uelese</td>
<td>4W</td>
<td>Chelsea Johnstone</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1G</td>
<td>Aleea Naeem</td>
<td>5B</td>
<td>Areebah Faisal/William McCarthy</td>
<td></td>
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</tr>
<tr>
<td>1/2H</td>
<td>Ben Dunlop/Jessica Glover</td>
<td>5/6P</td>
<td>Marisa Navarro</td>
<td></td>
<td></td>
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<tr>
<td>2/3B</td>
<td>Olivia Lester</td>
<td>6B</td>
<td>Mark Kitchener</td>
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Citizenship Awards

<table>
<thead>
<tr>
<th>Class</th>
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<th>Student B</th>
<th>Class</th>
<th>Student A</th>
<th>Student B</th>
</tr>
</thead>
<tbody>
<tr>
<td>KG</td>
<td>Xianna Welsh</td>
<td>3F</td>
<td>Erin Glover</td>
<td></td>
<td></td>
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<tr>
<td>1G</td>
<td>Johnathan Wells</td>
<td>4W</td>
<td>Rachel Kitchener/Dylan Edney</td>
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<tr>
<td>1/2H</td>
<td>Joey Leuii</td>
<td>5/6P</td>
<td>Marisa Navarro</td>
<td></td>
<td></td>
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<tr>
<td>2/3B</td>
<td>Sammy Crowther</td>
<td>6B</td>
<td>Mark Kitchener</td>
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Outstanding Effort Awards

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<thead>
<tr>
<th>Class</th>
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<th>Class</th>
<th>Student A</th>
<th>Student B</th>
</tr>
</thead>
<tbody>
<tr>
<td>KG</td>
<td>Hima Pynadath</td>
<td>3F</td>
<td>Cailin Muir</td>
<td></td>
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<tr>
<td>1G</td>
<td>Tam Espartero</td>
<td>5B</td>
<td>Matthew Leviaka</td>
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<tr>
<td>1/2H</td>
<td>Mackenzie Kinniburgh</td>
<td>5/6P</td>
<td>Brianna Cather</td>
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<tr>
<td>2/3B</td>
<td>Shahd Hamed</td>
<td>5B</td>
<td>Matthew Leviaka</td>
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Japanese Subarashii Awards

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<tr>
<th>Class</th>
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<th>Student B</th>
<th>Class</th>
<th>Student A</th>
<th>Student B</th>
</tr>
</thead>
<tbody>
<tr>
<td>KG</td>
<td>Damon Lush</td>
<td>3F</td>
<td>Chelsea Johnstone</td>
<td></td>
<td></td>
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<tr>
<td>1G</td>
<td>Adam Watson</td>
<td>5B</td>
<td>Toby Henderson</td>
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<tr>
<td>1/2H</td>
<td>Ben Dunlop</td>
<td>5/6P</td>
<td>Charlotte Mason</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2/3B</td>
<td>Rani Measham</td>
<td>6B</td>
<td>Mark Kitchener</td>
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**TONIGHT**

K – 6 Graduation Disco

**Wednesday 18th December**

Time: 7pm – 9pm
Venue: Junior Campus Hall
Cost: $5 per student  $10 per family
Free entry for year 6 students

**Lucky Door Prizes to be won!!!**

- Any parent who can assist with selling food and drink in the canteen would be most welcome.
- Students should arrive no earlier than 6.50pm and be collected by an adult at 9pm.

The canteen will be open during the disco event. Younger children may be picked up earlier to avoid becoming overtired.

**Canteen News**

No lunch orders available Thursday or Friday – Recess and lunchtime counter sales only.

A big thank you to all our volunteer’s for your help throughout the year.

Looking forward to a great year in 2014!

Wendy & Rosie

**2014 Year 6 Shirts**

The shirts have arrived for our Years 6’s of 2014 and those who have already paid have been issued with their shirts. Shirts are $20 each, money will be accepted until Friday 20th December for those wanting to purchase a shirt ready for the beginning of next year.

**Wanniassa School Hats**

**No Hat No Play**

Students are required to wear a hat during outdoor class activities and during recess and lunch. Due to health regulations, spare hats cannot be issued. Hats are $6-50 each.

**2014 Preschool Enrolments**

2014 preschool enrolments are still being accepted for children who reside in the priority enrolment area ie: Wanniassa, Oxley & Greenway. Children must be four years of age on or before 30th April, 2014. Siblings of students already attending this school are guaranteed a placement, but must submit enrolment forms as soon as possible. Koori Preschool enrolments for 2014 are being accepted as well.

**2014 Term Dates**

Term 1 Monday 3rd February to Friday 11th April
Term 2 Monday 28th April to Friday 4th July
Term 3 Monday 21st July to Friday 26th Sept
Term 4 Monday 13th Oct to Wednesday 17th Dec

**Overdue Library Books**

We still have a few outstanding library books and reminders have been sent home with those children. Please help your children to search for any missing books to avoid us having to send bills for replacement costs out at the end of the year. Please feel free to contact the library if you have any queries.

Elaine Hine  Teacher-Librarian

**School Banking**

Last day for school banking will be Friday 20th December. Thank you to everyone who has participated in the school banking program this year. It’s great to see our student banking numbers increasing. School banking will recommence Week 1, Term 1, 2014.

**What the Working With Vulnerable People Act means for parents who volunteer at school**

Since the introduction of the Working With Vulnerable People Act, some parents and members of the Wanniassa School community have been expressing uncertainty about the need for volunteers to register with the Office of Regulatory Services to provide volunteer services to the school.

Volunteers who regularly work with children in classrooms or regularly make contact with children during other school activities will need to be registered. If you are unsure whether you need to be registered, please contact the school.

Some volunteers may choose not to register but to continue supporting the school by reducing the number of days on which they work so as to avoid exceeding statutory limits. There may also be opportunities for volunteers to participate in forms of work which are not considered education activities or involve contact with children and do not require volunteers to be registered.

Where this is not possible, it may be necessary to apply for a Working With Vulnerable People (WWVP) card. There is no cost for volunteers.

The new Working With Vulnerable People scheme has meant that all volunteers, new and continuing, will need to complete a new School Volunteer Nomination Form and to sign in each day they work at Wanniassa School.

We are strengthening protection for children, but we depend on our volunteers in a variety of ways and look forward to your continued support in whatever capacity you choose.

Cricket ACT will be conducting 2 T20 Blast programs for 7-12 year olds this summer holiday on the 20-21 and 29-30 of January. For more information please contact Matthew on 0416 531 998 or matthew.William@cricket.com.au or visit [www.t20blast.com.au](http://www.t20blast.com.au) and select Cricket ACT T20 Blast Centre.
Police Appeal for Vigilance Over School Holidays

ACT Police will be increasing pro-active patrols around schools during the holidays, but we are also asking you, the community, to assist us in ensuring our schools remain secure.

Anyone who observes anti-social behaviour or suspicious activity around schools is urged to report this to police immediately on 131444. This includes suspicious persons or vehicles seen at odd hours of the night, and any signs of potential criminal activity such as the sound of breaking glass, spray cans or electrical equipment being used at odd hours.

By working together with police you can help to ensure that our schools remain secure over the holidays, allowing our children to get the education they deserve.

For Peaceful Parenting and Resilient Children

PARENT EFFECTIVENESS TRAINING (P.E.T)

Supported by Parentline ACT

- helps you yell less - stop those arguments before they start!
- enhances your relationship with your children, to last a lifetime.
- offers you an alternative to using rewards and punishment - to help your child develop inner discipline.
- helps you raise confident, considerate children in an atmosphere of mutual respect.
- offers you the “how to” of helping your child become resilient and emotionally intelligent.
- is evidence based and extensively researched

The course consists of three-hour sessions, once per week, for eight weeks. Booking is essential. $290 pp for the course (investment includes a workbook and textbook).

Course begins: Tuesday, 11th February, 2014
Time: 6.30 pm to 9.45 pm
Place: Weston, ACT.

For more information, phone Canberra’s most experienced accredited P.E.T. instructor: Larissa on 0413 451 607 or email info@parentskills.com.au

The ACT Academy of Music

BOOM!

A delightful new musical performance workshop with a difference.

This five day non-residential summer course focuses on creating music in a fun group environment. Each day will include singing, tuned percussion and craft activities all leading towards a performance on the final day.

Exciting music making for primary years 3 to 6, secondary years 7 to 10. Primary students will learn rhythm, note reading and ensemble techniques. Secondary students will learn composition and arranging to create improvised, original and well-known musical items to perform.

No previous musical training is required for primary students. Some reading skills in either bass or treble clef preferred for secondary students.

When: 20th - 24th January 2014
(9am - 3pm Monday - Friday)

Where: Lyneham Primary School
Brigalow Street Lyneham ACT

Cost: $390
Family and early bird discounts available

For more information and a glimpse into the world of Boom visit: www.actacademyofmusic.com

0419 308 918

The school, its staff and the Territory are not aware of, and make no representation as to, the truth or accuracy of the information provided in advertisements appearing in the publication. Readers should make their own enquiries in relation to the information.
A few ideas on different topics from the KidsMatter Action team:

**What can I do through the day to improve my child’s sleep?**

These tips for daytime might help improve your child’s sleep at night:

- Give your child a healthy breakfast to help kick-start their body clock.
- Encourage your child to get as much natural light as possible during the day, especially in the morning. This will help his body produce melatonin at the right times in their sleep cycle.
- Encourage your child to be physically active and to exercise. Physical activity helps children to sleep longer.
- Keep your child away from caffeine – in energy drinks, coffee, tea, chocolate and cola – especially in the late afternoon and evening.
- Make sure your child has a satisfying evening meal at a reasonable time. Feeling hungry or too full before bed can make them more alert or uncomfortable. This can make it harder to get to sleep.
- Make sure your child’s diet has enough iron. Foods that contain iron include red meats, green leafy vegetables, lentils and so on.

http://raisingchildren.net.au/articles/sleep_faqs.html#improve%20sleep

**Computer time for school-age children**

Most child development experts recommend limiting children’s daily screen time: no more than an hour a day for children aged 2-5 years, and no more than two hours a day for children over five. Screen time includes TV, DVD and computer time. This is for the following reasons:

- Young children thrive on being with other people. This develops their relationship and language skills. Social development is also a very important part of learning for school-age children.
- The time children spend watching TV and playing computer games should be balanced with other activities that are good for their development. These include physically active play, creative play (such as solving puzzles and drawing), and conversation with family and friends.
- Longer times in front of the screen increase the risk of childhood obesity.

A good balance of developmental activities with homework, sport and music should leave little time for computers.

http://raisingchildren.net.au/articles/computers_schoolage.html

**Activities for kids – Mix it up these holidays**

Holidays are the weirdest things when you have kids! We can’t wait until they come. There’s a collective sigh as school ends and we get off the activity roundabout. Then it’s full steam ahead to Christmas and then the long break. It’s great to spend some down-time with your kids but it can also become tedious for them and you. I always found it best to mix the activities up during the holidays.

That is, mix the time between the 3 F’s - Family time, Free time & Friend time.

Family time is the time they spend with you one-on-one, playing with their siblings or when the whole gang goes out or just hangs together.

Free time is about kids occupying themselves, which is a really important skill. So don't be on the go all the time, so kids have the chance to keep themselves occupied.

Friend time is about kids spending some time with their mates either in the neighbourhood or from school. This may mean that you spend some time in the car driving them to be with their friends. It’s also about parents spending time with friends as well.

Get the balance right between the 3 F's and there’s more of a chance that you’ll all have a great break....... and no one will get too sick of each other.

For more ideas to help you become a better parent visit parentingideas.com.au