Our Value this fortnight is All Values

<table>
<thead>
<tr>
<th>Dates to Remember</th>
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<tr>
<td>Friday 26 September</td>
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<td>Mon 29 Sept &amp; Mon 6 October</td>
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<td>Monday 13 October</td>
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<td>Thursday 23 October</td>
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<td>Friday 24 October</td>
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<td>Thursday 6 November</td>
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<td>Friday 7 November</td>
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<td>Thurs 13 – Fri 14 November</td>
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<td>Sunday 30 November</td>
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Birrigai Camp Year 4
*Thursday 13th - Friday 14th November, 2014*
*Return all notes and money by Thursday 30th Oct*

Holiday Swim Program
Royal Life Saving is running a swim 4 life program again during the holidays and is looking for nominations. The venue will be Lakeside LC. The program will run from 12.30 - 3.30 (3.00 being the last session) each session is 30min duration. The program will run for 8 days due to both Mondays being public holidays 30/9/14-10/10/14. There is no cost for this program. If after school swimming lessons or school swimming lessons is something your family have not been able to afford in the past please see the front office for an enrolment form. All nominations are strictly confidential. Due to closure dates please contact the office by close of business tomorrow, Thursday 25th September, 2014.

2014 Yearbook – Pre-order and Save 50%  **New Discounted Price - $20**
The pre-order date for ordering the 2014 yearbook is Friday 14th November, end of week 5, term 4. The new discounted cost is $20, any orders taken after that will be $40. There will be no extra copies for sale at the end of the year. Order forms are available from the front office. For those who have already paid $25, please see the front office for your $5 cash refund.

Wanniassa School Hats  **No Hat No Play**
As from Monday 1st September, students are required to wear a hat during outdoor class activities and during recess and lunch. Whilst most students do a fabulous job at remembering to wear their hat each day, unfortunately a few do not. This means they play under cover during recess and lunch. Due to health regulations, spare hats cannot be issued. Hats are available for purchase from the front office. Wanniassa School hats are navy bucket style hats with our school logo on the front.

2015 Year 6 Shirts
2015 Year 6 shirts will be the same style/design as 2014 shirts and reasonably priced at $20 each. Shirt sizes for our current Year 5 students will be taken early next term, please return your order forms no later than Friday 7th November. Shirts will be available for payment and collection before the end of term 4.
Pencil Case Refills
Please check your child’s pencil case during school holidays and restock any items that need to be replenished. Pencils, glue sticks, erasers and other items will have been well utilized by now and may need replacing. Also replace any missing items such as rulers, scissors or sharpeners.

School Newsletter
Wanniassa School is a sustainable school and reduction of paper usage is a priority. The whole school newsletter is a valuable communication tool and we have introduced a number of options in which to access the information. The school newsletter is available on the school website at www.wans.act.edu.au, via email or by collecting a paper copy from the front office. If you would like to receive the newsletter link by email, please send a requesting email to the school at info@wans.act.edu.au

Canteen News
Thank you for your ongoing support and commitment to keeping our canteen open. Please continue to donate ingredients and groceries. Parents, grandparents or friends from the community are always welcome to assist in the canteen. If you have time to spare occasionally, please drop in or call Jody on 6231 2717. Also, be reminded that the canteen is closed on Mondays.

P & C News
Sydney Holiday Raffle
Rachelle Davis was the lucky winner of the Sydney Holiday Raffle which was drawn on Friday 19th September, 2014. Congratulations Rachelle, great to see a family within our school community winning such a great prize. The P&C would like to thank the following people for their assistance with the Raffle: Annie Rogers – Preschool, Helen Jolley - Senior Campus and Sandy & Jenny - Junior Campus Front Office.
A big thank you to everyone in the school community who sold tickets and supported the Raffle.
The P&C would especially like to thank the following families who made an enormous effort in selling tickets in the raffle and supporting the school: The Mahanga Family, The Sommer-West Family, The Sanchez Family, The Kinniburgh and Matthews Family.

Wanniassa Supabarn Sausage Sizzle
Wanniassa School P&C are booked in for a fundraising Sausage Sizzle at Wanniassa Supabarn between 10am to 2pm on Saturday 4 October, 2014. Please come down and buy a sausage and help the P&C to raise money for the school.

Wanniassa School Fair Sunday 30 November 2014
The School Fair is coming up soon, please don’t forget that the P&C are currently looking for donations for the Tombola Stall and second hand books, DVD’s and CD’s. All donations gratefully received at the Front Office.
Do you know of any businesses that would be able to support the fair with merchandise?
Donations can be dropped off at the front office of the Junior or Senior Campus’ or please contact me on 0409044251 or email lynettesanchez@grapevine.net.au to make alternative arrangements.
Thanks you for your support as this stall is dependent on all donations but then it is all profit for the P&C to put back into supporting the school.

Police Appeal for Vigilance Over School Holidays
ACT Police will be increasing pro-active patrols around schools during the holidays, but we are also asking you, the community, to assist us in ensuring our schools remain secure. Anyone who observes anti-social behaviour or suspicious activity around schools is urged to report this to police immediately on 131444. This includes suspicious persons or vehicles seen at odd hours of the night, and any signs of potential criminal activity such as the sound of breaking glass, spray cans or electrical equipment being used at odd hours.
By working together with police you can help to ensure that our schools remain secure over the holidays, allowing our children to get the education they deserve.
Lake Burley Griffin 50th Birthday Family Bike Event
Lake Burley Griffin turns 50 on Friday 17th October and Canberran families are invited to get on their bikes and join in the celebrations!
Pedal Power and ACT Government are holding a family cycling event on the shores of the Lake and you are invited along anytime between 5pm – 7pm.
The ride will include an exciting ‘clue hunt’ taking in historic landmarks along the way with volunteer guides bringing the history of the lake to life. There’ll be prizes and goody bags for the kids as well as family entertainment at Regatta Point - plus a VIP will be cutting the Lake’s 50th Birthday Cake!
For more information visit www.capitalcycling.org.au/

Capital Therapy Services
A new speech pathology service for children and organisations in the ACT and surrounding regions. Capital Therapy Services is owned and operated by 3 local Speech Pathologists, each with over a decade of experience. Assessments and/or therapy for children with a speech and/or language difficulty will be available from mid-September 2014. Please do not hesitate to contact us to discuss your individual needs. Further information is available at www.capitaltherapyservices.com.au or call us Monday-Friday on (02) 6154 6940.
Children need to know what you expect of them in order to behave appropriately. This does not mean giving children lots of dos and don’ts – having too many rules, or rules that are too complicated, often confuse children. It is often helpful to involve children in setting some basic rules. This helps them understand the value of having rules and motivates them to cooperate. For example, you might discuss as a family the sorts of rules that will help you all get on well together. These might include things like talking to each other rather than shouting, asking before borrowing things, putting away games and toys after playing with them, or taking a turn to wash up after dinner. Deciding as a family those things that are most important to you and stating rules positively so that children know what to do rather than simply being told what not to do works best.

Set Limits

Set limits for children by giving clear directions for what you expect of them. Providing reasons for the directions you give helps children accept your limits without becoming defensive. It also gives them a basis for understanding what you will expect of them in other similar situations. The following examples show how parents and carers can set limits for children in positive ways.

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<tr>
<th>Kind of limit</th>
<th>Limit stated negatively</th>
<th>Limit stated positively with reasons</th>
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<tbody>
<tr>
<td>Protection from physical harm</td>
<td>Don’t go outside the gate.</td>
<td>Stay in the yard. The street is too busy and you might get hurt.</td>
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<tr>
<td></td>
<td>Stop poking at your sister.</td>
<td>Be gentle with your baby sister. She is too small for rough play.</td>
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<tr>
<td>Looking after things</td>
<td>Don’t leave your toys lying around.</td>
<td>Pack up now and put your toys away on the shelf so we can be ready to go out.</td>
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<tr>
<td></td>
<td>Don’t do that here.</td>
<td>Take the ball outside if you want to play with it. Something might get broken if you play with it inside.</td>
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<tr>
<td>Showing respect and care for others</td>
<td>Stop being mean to him.</td>
<td>You need to play in a friendly way. Make sure Max has a turn too.</td>
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<tr>
<td></td>
<td>Don’t take her things.</td>
<td>Be sure to ask first before you borrow something from your friend. You would want her to ask before taking your things.</td>
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Following up

Providing positive consequences for positive behaviour is very important and effective for encouraging children to comply with rules and expectations. For example:

- When children do what you have asked, be sure to notice it and praise or thank them.
- Expect some lapses as changing or learning new behaviours takes time. Be prepared to offer reminders without nagging.
- Checklists and reward charts can be useful for keeping track of positive behaviour and motivating children to complete assigned tasks.

If children repeatedly ignore your clear and reasonable instructions, logical consequences may be necessary. Logical consequences are directed at stopping the undesired behaviour rather than punishing the child. Examples include:

- Withdrawal from the situation (quiet time) – use when behaviour is unsafe or disruptive.
- Withdrawal of privileges – use when an activity or toy is being misused or neglected. For example, remove a toy that has been used in an unsafe way or fought over.