Our value this fortnight – Freedom

Wanniassa School

Partners in Learning        Sternberg Crescent Wanniassa        Phone: 6205 7566 (Junior Campus)
Fax: 6205 7563        www.wans.act.edu.au

INFORMATION UPDATE NO: 2 – WEDNESDAY 12TH MARCH 2014

<table>
<thead>
<tr>
<th>Dates to Remember</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 14 March</td>
<td>Swimming Carnival – Years 2 - 6</td>
</tr>
<tr>
<td>Tuesday 18 March</td>
<td>Parent &amp; Citizen Association - Annual General Meeting 7.30pm Senior Campus</td>
</tr>
<tr>
<td>Friday 21 March</td>
<td>Blue Unit Assembly 11.30am / Bullying No Way Day</td>
</tr>
<tr>
<td>Wednesday 26 March</td>
<td>JC School Photo Day</td>
</tr>
<tr>
<td>Wednesday 2 April</td>
<td>Kinder Health Screening</td>
</tr>
<tr>
<td>Friday 4 April</td>
<td>Red Unit Assembly 11.30am</td>
</tr>
<tr>
<td>Wednesday 9 April</td>
<td>ANZAC/Peace Ceremony Eddison Park – Year 6</td>
</tr>
<tr>
<td>Friday 11 April</td>
<td>Last Day Term 1</td>
</tr>
<tr>
<td>Friday 18 – Monday 21 April</td>
<td>Easter Long Weekend</td>
</tr>
<tr>
<td>Monday 28 April</td>
<td>First Day Term 2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Notes sent home</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whole School Newsletter</td>
</tr>
<tr>
<td>Bookpack Payment Reminder</td>
</tr>
<tr>
<td>Student Information Check Sheet</td>
</tr>
<tr>
<td>Swim Carnival Consent/Events</td>
</tr>
<tr>
<td>Buroinjin Gala Day - Postponed</td>
</tr>
<tr>
<td>Rugby League 7’s</td>
</tr>
<tr>
<td>Cancellation of Band Program</td>
</tr>
<tr>
<td>School Photo Order Form/Envelope</td>
</tr>
</tbody>
</table>

Wanniassa School Hats ** No Hat No Play**
Students are required to wear a hat during outdoor class activities and during recess and lunch. Due to health regulations, spare hats cannot be issued. Hats are $6-50 each.

Head Lice
There has been an outbreak of head lice detected in several units.
We are asking parents that all children have their hair treated for the removal of lice and eggs. Please wash all brushes, combs and school hats in boiling water and disinfectant. If all children are treated, the reinfection due to the transfer of lice from other class members should be minimised. Please read the fact sheet on the back of this newsletter.
Thank you for your assistance to keep this problem under control.

Grocery Donations Competition
Thankyou for all the groceries those families have donated so far. This helps keep our canteen open and our prices down. The competition closes Friday 28th March, still time to throw an extra couple of items in your trolley when you shop. Not sure what to buy? Pick up a grocery list from the canteen.

Canberra PCYC
Bluelight Disco on Saturday 5th April, 2014 5pm to 7pm - $5 entry
PCYC Erindale Centre, Grattan Court, Wanniassa.
For more information call 62961292 or email bluelight@pcyc.net.au
Kids are encouraged to dress up and this event is designed for Primary School kids with a strict no drug and alcohol event. Younger siblings are welcome.

Bookpack/Internet Payments
Just a reminder, Friday 14th February was the due date for payment of our school requisite package ie: bookpack and internet access. Thank you to those who have already paid in full. If paying by instalments, your next payment would be appreciated as soon as possible.

School Newsletter
Wanniassa School is a sustainable school and reduction of paper usage is a priority. The newsletter is a valuable communication tool and we are introducing a number of options in which to access the information. The school newsletter is available on the school website at http://www.wans.act.edu.au, email or by collecting a paper copy from the front office.
If you would like to receive the newsletter reminder link via email, please include your email address below and return to the front office or email us at info@wans.act.edu.au

Parent/Guardian Name: ______________________________________

Student’s Name: _____________________________________________

Email: _____________________________________________________
Student Representative Council
SRC representatives are voted in by the other students in their class. During SRC meetings, students learn how meetings run, talk about fundraising ideas and discuss how raised money could benefit the school and other charity groups.

The SRC is an opportunity for students in the school to take on a leadership role. It allows SRC reps to be involved in communicating student’s ideas and concerns to others within the school community.

We would like to extend our congratulations in welcoming our new SRC for Semester 1 (please note Year 6 councilors serve for the entire year).

**SRC Representatives for Semester 1, 2014**

Helen Pynadeth and Anthony Muir KG
Addison Gemmell and Shuayb Abrar K/1G
Amber Thomson and Damon Lush 1C
Tahalianna Mahanga and Craig Bodrozic 2M
Jessica Glover and Rashaan Bowen 2/3H
Madeline Menegazzo and Cody Rogers 3B
Yousra Al Sweity and Sam Crowther 4W
Kira Scanes and Sebastian Woods 4/5F
Chloe Baker and Zander Griffin 5/6D
Marisa Navarro, Charlotte Mason, Ciall O’Brien 6B

**House Captains and Vice Captains**

Congratulations to the following students for being elected as new leaders for 2014.

**Ginger**
Captains: Emily Marchant and Matthew Levika
Vice Captains: Charlotte Mason and Caleb DeSmet-Whyms

**Billy Billy**
Captains: Meghan Haren and Ciall O’Brien
Vice Captains: Gemma Williamson and Riley Mannion

**Tennent**
Captains: Justice Oshyer and Gerry Menegazzo
Vice Captains: Zarielle Gault and Ryan Oshyer

**Namadgi**
Captains: Sophie Billingham-Woods and Anthony Lupton
Vice Captains: Marisa Navarro and Toby Henderson

---

**TUGGERANONG BULLDOGS J A F C**

**JOIN UP WITH THE MIGHTY BULLDOGS FOR AFL IN 2014!!!**

The Tuggeranong Bulldogs are looking for boys & girls between the ages of 4-12 to come and play the great game of AFL.

All first year registered players receive free playing shorts and socks.

So get in and **REGISTER TODAY**

To Register and pay online for the coming season

and click on **Registration** or

Email: bulldogsrego@tpg.com.au or

Facebook: Tuggeranong-Bulldogs-Junior-AFL-Club

A come and try option is also available.

For more information please email bulldogsrego@tpg.com.au

---

**Tuggeranong Vikings Basketball Club**

Vacancies exist for under 10 girls and boys (2005/2006) and under 12 girls and boys (2003/2004) for the upcoming Championship Winter Season, commencing Friday 2nd May, 2014

All players (current & new), (unless from another basketball club) can register online at [http://tuggeranongvikings.basketball.net.au](http://tuggeranongvikings.basketball.net.au)

For further information please contact Club Registrar Denise Flamia at stephenr@grapevine.com.au

Transferring from another club? Welcome, DO NOT REGISTER online if you have played with another basketball club as a transfer request must be submitted by Vikings. In this instance please email Club Registrar at stephenr@grapevine.com.au

**Tuggeranong United FC – 2014 Soccer Registration**

If you were born between 2009 and 1997 (girls) or 1996 (boys), you can play soccer with Tuggeranong United Juniors FC. Registration is online at [www.myfootballclub.com.au](http://www.myfootballclub.com.au)

We are also looking for volunteers coaches and managers for each age group.

Register before Friday 11th April in order to ensure a place in a team. The season starts on Sat 3rd May, 2014. Enquiries: tufc.rooball@gmail.com

More information is on our website - click on the Junior tab at [www.tufc.org.au](http://www.tufc.org.au)

**Primary Concert Choir**

The ACT Instrumental Music Program is seeking students from Years 4 to 6 to audition for a new vocal ensemble, the Primary Concert Choir (PCC). The PCC will rehearse on Thursday afternoons from 4.30pm till 5.30pm during school terms at the IMP in Kaleen. The Primary Concert Choir will be conducted by Katharine Finlayson.

The choir is an extension opportunity for students in ACT Education and Training Directorate schools and it is expected that members of the PCC will also participate in the choir or vocal ensemble at their school if this opportunity is available.

The choir is an excellent opportunity for enthusiastic and talented young singers to work together in a supportive and fun environment. Further details and information about how to apply for an audition are available from the Instrumental Music Program website at [www.imp.act.edu.au](http://www.imp.act.edu.au).

The application form can also be accessed through this site.

If you do not have internet access please phone the IMP on 62058265. Applications close Friday March 14, 2014.

The school, its staff and the Territory are not aware of, and make no representation as to, the truth or accuracy of the information provided in advertisements appearing in the publication.

Readers should make their own enquiries in relation to the information.
**Family Day Out**

**at Kingston Miniature Railway**

Sunday 16 March 2014
10.00am–3.00pm
Geijera Place Kingston (opposite to the Railway Museum)

**ONLY $40.00**
FAMILY PASS (2 ADULTS AND 2 CHILDREN)

$20.00 PER EXTRA ADULT
$10.00 PER EXTRA CHILD

**PRICE INCLUDES:**
- Unlimited Train Rides
- Face Painting, Tea/Coffee & Biscuits
- Fairy Floss, Entertainment by Johnny Huckle, and a Show Bag.*

**AVAILABLE FOR PURCHASE:**
- Sausage Sizzle
- Toys & Books, Soft Drinks & Water

* Bring a rug or chairs to sit on!

For more information please contact Robyn Skinner on 6282 5600 or email events@marymead.org.au

Proceeds to Marymead

See Marymead's website for more information:
www.marymead.org.au

---

**26th CANBERRA MODEL TRAIN EXPO**

**SATURDAY 29 March 2014 9am-5pm**

**SUNDAY 30 March 2014 9am-4pm**

University of Canberra High School
104 Baldwin Dr Kaleen

- 25 Scale Model Railways
- Large Lego Railway
- Displays & Clinics
- Children’s U-drive
- Plus Trade stands

**ADMISSION**

Adults $10.00, Children / Seniors $5.00
Family Ticket $20.00

Presented by the Canberra Model Railway Club

Supported by

www.canberra-model-railway-club.webs.com
Head Lice

Head lice are small parasitic insects that live mainly on the scalp and neck of their human hosts. Only humans get head lice and their presence does not indicate a lack of hygiene or sanitation. If taken away from the human scalp, head lice die within hours. This is because they must feed on human blood every six hours to survive.

What do head lice look like?

There are three stages in the life cycle of lice — the nits, the nymph, and the adult.

Nits

Nits are eggs that are hardly visible, are often covered with dust, and are tightly attached to the base of the hair shaft. They appear oval and generally yellowish to white in colour. They take about seven to 10 days to hatch.

Nymph

Nymphs are pale lice, and look like adult lice but smaller in size. They mature into adults within seven days after hatching and feed on blood to survive.

Adult

An adult louse is about the size of a sesame seed. A louse has a long leg and is light to brown in colour. Females are usually larger than males, lay nits. An adult louse lives up to 30 days on a person’s head.

What are the signs and symptoms?

In Australia, head lice are mainly a problem of annoyance and rarely cause any significant medical condition. In fact, most head lice infections cause no symptoms at all, and probably less than half cause any itch. They are more of a nuisance, and often an embarrassment to the person or family involved.

You can tell whether your child has head lice by looking closely through the hair and scalp for nits, nymphs and adult lice. The presence of adult lice and evidence of nits confirms positive infestation. The nits are tiny white specs often stuck near the root of a hair. You may also notice fine black powder on pillows. This is lice feces. Other signs and symptoms that may occur are frequent head scratching, itching, and itching caused by allergic reaction to bites which can become infected.

How are head lice spread?

Head lice are usually transmitted by close head to head contact with an infected person. Apart from hair, lice have been found on combs, hairbrushes and pillowcases.

However, these objects will only spread lice if they are used immediately after being used by an infected person. Recent scientific research has found that there is no risk of catching lice from floors, carpets or bedding.

Children are more susceptible because they are more likely to have close contact in homes, playgrounds, schools, kindergartens and childcare centres. Adults may become infected without being aware of it and can become a source of infestation to others.

Infestation of family members commonly occurs mainly because of close head to head contact.

How do I treat head lice?

Treatment options include a non-chemical treatment using the conditioner and combing method, natural treatments and chemical treatments. Treatment should only be considered when eggs or active lice are observed.

The conditioner and combing method is the easiest way to find head lice or eggs and remove them without using chemicals.

Detection of head lice

To detect head lice you will need pale coloured hair conditioner, a hair comb (which is a fine toothed comb), an ordinary comb, hair clips, white paper tissues, an old toothbrush or safety pin. Follow these steps:

1. Apply enough hair conditioner to dry hair to thoroughly cover the whole scalp and all hair.
2. Using an ordinary comb and hair clips, divide the hair into sections. Combing the hair with an ordinary comb can help evenly distribute hair conditioner and disentangle the hair, making the head lice comb glide through easily.
3. Change to a head lice comb and start combing a section at the back of the head first. Place the teeth of the comb flat against the scalp and comb the hair from the roots through to the tip.
4. Wipe the comb on the white tissue after each stroke and check the tissue and the comb for head lice or eggs. If the comb becomes clogged, use the old toothbrush or safety pin to remove the head lice or eggs.

6. Repeat the combing of every section of the hair at least five times. If any lice are found, your child should be treated using one of the methods described below.

Non-chemical treatment

Using the conditioner and combing method for treatment — follow the steps outlined in the detection of head lice method described above and repeat the routine every second day until no more live head lice are found for 10 consecutive days.

There are other non-chemical methods which may be used to treat lice. They include herbal treatments such as tea tree oil. For all treatments, the instructions provided with the treatments should always be followed.

Chemical treatment

It is important to note that in a small percentage of cases, sensitivity to head lice treatments may occur and cause dermatitis, rashes or other adverse symptoms. Pregnant women and children under the age of six months should receive medical clearance before using any of the head lice treatments.

Always follow the instructions provided with head lice treatment products. You may wish to consult your family GP or your community pharmacist on the use of head lice treatments.

If chemical treatment kits 100% of the lice eggs, treatment must involve two applications of the solution, seven days apart. The first treatment is to kill the lice and the second treatment is to kill young lice hatched over the previous six days. It is important that only those family members and friends who have lice are treated with the solution, as unnecessary applications can lead to head lice becoming resistant to the chemicals.

How do you tell if the chemical treatment worked?

If the head lice product works, the lice will be dead within 20 minutes after the treatment is complete. Infestations of lice resistance is common, so you should test to see if the lice are killed by following the steps outlined below.

Six steps to test resistance

1. Wait 20 minutes after treatment is completed and use a head lice comb to comb the hair from the roots to the tips. Wipe combings onto a white tissue after each stroke.
2. Repeat this until the whole head has been combed at least twice and little treatment formulation is visible on hair.
3. Examine the tissue to see if lice are alive or dead. Check lice for movement (use a magnifying glass if you need to).
4. If the lice are dead (no movement), the product has worked and the lice are sensitive to the treatment. Red-treat in seven days.
5. If lice are inactive but alive (lice are stationary, but moving legs and antennae), regard them as sensitive and re-treat in seven days.
6. If lice are active (crawling on the tissue), the treatment has been unsuccessful.

If lice are not killed by the chemical what should I do?

If lice are found in the combings after treatment, the head lice are resistant to the product used and all products containing that active compound.

Wash off the first product.

You may wish to reconsider your decision to use chemical treatment and choose the conditioner and comb method instead (see section “How do I treat head lice?”). If you still prefer chemical treatment, wear the child’s hair as soon as possible using a product from a different active group. There are many head lice products commercially available and they belong to the following groups based on the active compound — pyrethrum, synthetic pyrethroids (permethrin and balofetone), and organophosphates (malathion and malathion).

How to minimise the risk of infestation?

1. Tying back long hair can help prevent the spread of head lice.
2. Examine all members of the family for head lice and treat them only if necessary.
3. Notify friends and the school if your child has head lice — your child should not attend school until the day after effective treatment has commenced. An effective treatment is when a treatment is used and all the lice are dead.
4. Check children’s hair regularly — anyone can catch head lice where people live, play or work together. Using the conditioner and combing method once a week will help in early head lice detection. Avoid head to head contact with other children.

How to reduce the risk of re-infestation?

1. In addition to the measures outlined above, place all brushes, combs, and hair accessories in very hot water (i.e. near-boiling, not standard hot water from taps) for at least 30 seconds.
2. Allow all infested persons should be either washed in a hot water cycle or dried in a hot clothes dryer for 15 minutes.

Need more information

For more information about head lice, contact your family GP, community pharmacist or phone the Health Protection Service during business hours on (02) 6205 1700.